



# GOVERNMENT OF WEST BENGAL

## OFFICE OF THE PRINCIPAL

Govt. Physical Education College for Women, Hooghly

Rice Research Station Campus, Chinsurah

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### IMPORTANT INFORMATIONS AND GUIDELINES FOR THE STUDENTS FOR ATTENDING COLLEGE AND HOSTEL WITH EFFECT FROM 16.11.2021

All students of B.P.Ed course (1<sup>st</sup> & 3<sup>rd</sup> semester) for the academic year 2021-2022 are hereby informed that the college will reopen and start offline class on and from 16<sup>th</sup> November, 2021 as per Govt. Order no. 1058-Edn(CS)/10M-32/2021, dated 28.10.2021 by strictly maintaining COVID norms and safety. Students are requested to pursue following instructions and guidelines while attending instructional classes and staying in the girl's hostel. NO MASK NO CLASS principle will be followed :

#### A) Safety Measures :

1. Wear mask. Use of gloves and cap is optional.
2. Avoid wearing metal accessories like rings, chains, bangle and amulets.
3. Properly wash your hand frequently with soap and water, or sanitizer.
4. Maintain social distance (6 feet in between) every where.
5. Do not come to institution if you are having fever, cold or any other complication.
6. Do not touch your face with hand anytime unless it is washed and cleaned.
7. Do not form close clusters with friend.
8. Do not share exercise books, copies, bags or any other belonging of your friend.
9. Do not share food or drinking water with your friend or anyone.
10. Do sit at your assigned place.
11. Learn about COVID protocol attentively and follow the same in day to day life.
12. Do not panic.
13. Spread awareness amongst your relatives at home.
14. Play innovative games maintaining Social distance.
15. Learn how to fold arm over your mouth and nose before sneezing and coughing.
16. Do not spit here and there.
17. Flush the toilets adequately and wash your hand with soap once done.
18. Maintain social distance in class room, laboratory, library, corridors and every where you go.
19. Paint innovative posters; write poems, essays, slogans on awareness against COVID.
20. After reaching hostel wash uniform with detergent if you have another set. If that is not possible keep the uniform isolated for twelve hours and put it under direct sunlight next day.
21. Wash your mask, gloves and cap in hot water and surely with soap and detergent.
22. Verbal assistance or gesture to peers who are not able to maintain social distancing and mask.

23. Avoid junk food and eating out. Eat healthy food prepared at home. Drink hot water/milk/soup at home.

24. Last but not the least; remember you are the true fighter against this formidable threat called COVID 19. We must win the battle by all will power and continuous perseverance. We must not allow COVID 19 to compromise our daily academic progress and achieving excellence.

**B) ESSENTIAL DOCUMENTS REQUIRED ON 16.11.2021**

1. Migration certificate for foreign students (other university except Burdwan university).
2. Anti ragging declaration on Non judicial stamp paper.
3. COVID vaccination certificate.
4. Medical fit certificate from the Sub Divisional/ District Hospital as per format of the GPECW, Chinsurah, Hooghly.
5. All original mark sheets, certificates (SC/ST/OBC) and testimonials need to be verified by this college authority.

**C) BELONGING OF THE STUDENTS**

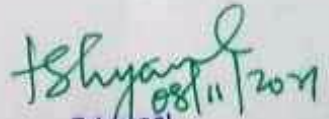
1. White Salwar-kamij- 1 pair
2. White saree with red border- 1 pc.
3. Tracksuit- 1
4. Playing kit- i) Shorts- 2 pc.  
ii) T-Shirt- 2 pc.  
iii) Jogging Shoe/ Canvas Shoe- 1 pair  
iv) Stocking – 2 pair

[Note- No one will be allowed to attend activity classes without playing kits and barefooted]

5. Light bedding (light matters)-1 no. Blanket- 1 no. Pillow-1 no. Bedsheets-3 nos. (one-white)
6. Utensils – (Rice plate- 1 no. Small plate- 1 no. Small bowl- 2 nos. Glass (for drinking water- 1 no. Spoon-1 no.)
7. Water bottle- 1 no. Bucket-1 no. Mug- 1 no. Lock & Key (1set), Mosquito net, Torch
8. Daily wears as required.  
**Note:-** i) No outsiders are allowed in the hostel.  
ii) Minimum cash to meet the daily expenses will be allowed.
9. Material for cleaning dress & playing kits- (Soap, sanitizer, detergent powder, polish etc.)
10. Winter dress – Sweater, scarf, muffler, cap etc.
11. Sufficient nos. of Mask and hand sanitizer.

**D) SPECIAL INSTRUCTIONS**

- i) Students should submit the name of local guardian.
- ii) **No student will be allowed to go home before X-Mas vacation.**
- iii) **Student should deposit reasonable amount Rs= 1900.00 (approx) per month for Mess charge (fooding) the Matron of the girl's hostel.**
- iv) Mess charge (fooding) must be deposited to the Matron within **1st week** of every month.
- v) Arrange and keep sufficient nos. of mask and sanitizer to maintain COVID- protocol. **NO MASK NO CLASS principle will be followed.**
- vi) No visitor/guest of the students will be allowed in the college campus and girl's hostel except exceptional reason.

  
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- vii) Males are out of board for the girl's hostel. However male guest/visitor may meet their person at the reception of the college building.
- viii) Any student under going regular treatment of any disease please keep prescribed medicine with you along with prescription.
- ix) If date for COVID 2<sup>nd</sup> vaccination falls between 16.11.2021 to 20.11.2021 student need not to attend college on 16.11.2021 but she has to produce 2<sup>nd</sup> vaccination certificate immediately completion of her schedule dose.
- ASSEMBLY FOR 1<sup>ST</sup> SEMESTER ON 16.11.2021 AT 12.00 PM
  - ASSEMBLY FOR 3<sup>RD</sup> SEMESTER ON 16.11.2021 AT 2.00 PM
- With Best Wishes

*H. Sanyal*  
08/11/2021  
Principal

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