



INVITATION

One Day National Seminar

on

**"EXPEDIENCY OF PHYSICAL EDUCATION
SPORT WELLNESS FITNESS
AND POSITIVE HEALTH IN MODERN
MECHANISED WORLD" -**

**AS A PART OF THE CELEBRATION OF
157TH BIRTH ANNIVERSARY' of Swami Vivekananda.
13TH JANUARY, 2020**



: ORGANISED BY :

**Govt. Physical Education College for Women,
Rice Research Station, Chinsurah (RS),
Pin- 712102, District - Hooghly, West Bengal**

Under the auspices of

Higher Education Department, Govt. of West Bengal

Website: <http://gpecwhooghly.org>



A) ABOUT THE INSTITUTE

The Govt. Physical Education College for Women, Hooghly has established by the Higher Education Department, Govt. of West Bengal at Chawk Bazar, Hooghly in the year 1984 to provide trained women Physical Education Teacher to the schools and colleges in West Bengal and other state of India and thereafter college is rendering the unique educational services in the field of Physical Education, Sport and Research. Recently college has been shifted to its new campus at Rice Research Station, Chinsurah (RS), Hooghly with adequate infrastructure for Physical Education.

B) LOCATION & COLLEGE ADDRESS :

Govt. Physical Education College for Women, Rice Research Station, Chinsurah(RS) Hooghly, Pin - 712102, West Bengal. College is situated inside the Rice Research Station, Agriculture Department, Govt. of West Bengal, Chinsurah(RS), Hooghly. Nearest Rly. Station are Chinsurah (1.5 Km) and Hooghly (1 Km) from the College.

Mode of Transport:

From Howrah Rly. Station by train and from Chinsurah & Hooghly Rly. Station to the College by Auto/Toto/Car. '

(C) ORGANISING COMMITTEE :

1. Chairperson : Sri Arindam Biswas, S.D.O, Hooghly Sadar & G.B. President, G.P.E.C.W, Hooghly
2. Seminar Director: Dr. Shyamal Mazumder, WBSES, Principal, G.P.E.C.W, Chinsurah(RS), Hooghly
3. Organising Secretary : Dr. Subha Bose Banerjee, WBES, Assistant Professor, G.P.E.C.W.
4. Organising Joint Secretary : Dr. Biplob Chawdhury, WBES, Assistant Professor, G.P.E.C.W.

(D) ADVISORY COMMITTEE :

- i) Maj. Gen. S.N. Mukherjee, Former Hon'ble Vice Chancellor, L.N.I.P.E, Gwalior, M.P.
 - ii) Professor A.K. Banerjee, Former Hon'ble Vice Chancellor, Kalyani University, Kalyani, Nadia, West Bengal
 - iii) Professor Ramen Sor, Dean faculty of Arts, Burdwan University
 - iv) Professor L.N. Sarkar, HOD, Department of Health Education, LNIPE, Gwalior
 - v) Professor, Sushma Pokhorial, Department of Ex. Physiology, BHU, Varanasi
 - vi) Dr. Dilip Bandopadhyay, Retd. Prof. Deptt. of Phy. Edn., Kalyani University, Nadia, West Bengal
 - vii) Professor Guru Dutt Ghai, LNIPE, Gwalior, M.P.
 - viii) Professor Sagarika Bandopadhyay, H-O-D, Deptt. of Phy. Edn. Vinaya Bhabana, Viswa-Bharati, Santiniketan
 - ix) Professor Sanjeeb Mridha, H-O-D, Deptt. of Phy. Edu. Jadavpur University
 - x) Professor Parimal Debnath, (Retd. Prof.) Jadavpur University, Deptt. of Phy. Edu. Jadavpur, Kolkata
 - xi) Dr. Asim Kumar Bose, (WBSES) Former Principal, P.G.G. I.P.E, Banipur, North 24-Prgs, West Bengal
 - xii) Dr. Pradip Dutta, Associate Prof. LNCPE, Trivandrum, Kerala
 - xiii) Professor Sudip Sundar Das, Deptt. of Phy. Edu. Jadavpur University, Kolkata
 - xiv) Professor Ashok Kumar Biswas, Deptt. of Phy. Edu. Jadavpur University, Kolkata
 - xv) Sri Tapan Mohan Chakraborty (Rtd.), ADPI (Physical Education), Education Directorate, Govt, of West Bengal
 - xvi) Dr. Somnath Bag, Associate Professor, P.G.G.I.P.E, Banipur, North 24-Prgs, West Bengal
- (E) Technical Committee: Smt. Putul Mandal, Asso. Professor, Dr. S.R. Pan, Asstt. Professor, Smt. Girija Basu, Asstt. Professor, Dr. S. Pal, Asstt. Professor, Dr. Biplob Mondal, Asstt. Professor, Dr. N.I. Mallick, Asstt. Professor, Dr. N. Maitra, Medical Officer

(F) SCREENING COMMITTEE & JURY FOR NATIONAL SEMINAR -

Dr. Parimal Debnath, Professor, (Retd) J.U, Dr. Asim Kumar Bose, Principal, (Retd), P.G.G.I.P.E., Dr. Sumanta Kumar Mondal, Professor, Viswa Bharati, Santiniketan.

(G) ABOUT THE SEMINAR :

The Govt. Phy. Edu College for women under the auspices of Higher Education Department, Govt. of West Bengal is going to organise one day National Seminar on 13th January, 2020 (Monday) on "Expediency of Physical Education, Sports, wellness, Fitness and Positive health in Modern Mechanised World."

Above cited theme is concerned with multidimensional development approach toward physical education where a discussion upon various sections which aim at overall gain to subject of most concern in today's context. The wellness of people is based on information they get from other sources. Positive health help to connect the domains of prevention, care, Social work and housing more effectively. It offers a blueprint or script for working integrally that applies to the world of policy making, research, education and practice alike. The goal is to strive for optimal health- beyond the mere absence of illness. Physical fitness is associated with a person's ability to work effectively, to enjoy leisure time to be healthy, to resist hypokinetic diseases, and to meet emergence situations. The most famous proverb "Necessity is the mother of invention" speaks a lot about human mind expansion.

(a) THEME OF THE SEMINAR:

"Expediency of Physical Education, Sports, wellness, Fitness and Positive health in Modern Mechanised World."

(b) SUB THEMES:

- 1) Aerobics as a strong medium of fitness and wellness in physical education.
- 2) Biomechanical skills applications excel the outcome efficiently.
- 3) Is materialism only way to boost sports in the world?
- 4) Specificity of Yoga training.
- 5) Contribution and achievement of disabled in sports.
- 6) Environment affects the performance.
- 7) Meditation is the way of wellness.
- 8) Rehabilitation of drug abuse of Sports person through Physiotherapy.
- 9) Psychology influences the physical fitness.
- 10) Achievement of positive health through Yogic exercises.

(H) CALL FOR PAPERS :

Original and published research papers are invited for oral presentation. Paper should focus on theme and sub themes of the conference. Paper having collective concept will not be accepted. They must be practical and research based. Thematic paper and case studies related to theme and sub theme will be accepted.

(I) GUIDE LINE FOR PAPER PREPARATION :

1. Abstract should not be more than 250 words (including key words)
2. Abstract & Full paper should be sent in M S Word format Times new Roman - 12 points, Double space and Reference (Citation: APA Format). (Hard copy & Soft copy)
3. A full paper should reflect the followings :
 - i) Title of the Paper
 - ii) Name of the author and affiliation and Email Id 1
 - iii) Brief Introduction
 - iv) Sample size
 - v) Methodology
 - vi) Analysis of the data
 - vii) Findings and conclusions
 - viii) References
4. All Communication to - (i) Dr. Biplob Chowdhury (Organising Joint Secretary)
(Mob: 9732305337/9064768474) (ii) Dr. Subha Bose Banerjee (Organising Secretary) (Mob: 9836116009)
5. Full paper should be completed within 3500-4000 words.

Important Dates:

- Last date for abstract submission : 22/12/2019
Intimation date for Selected abstracts : 30/12/2019
Last date for full paper submission : 03/01/2020
Last date for registration : 03/01/2020

Send paper and registration form to this
e-mail - seminarpe2020@gmail.com

(J) IMPORTANT NOTES :

1. No registration fee will be charged from the delegates.
2. Only selected papers will be considered on the basis of first cum first serve.
3. Paper beyond the theme and subtheme, will not be considered for presentation.
4. Best paper will be awarded among the young paper presenters whose age comes under 35 years.
5. No abstract will be considered after last date i.e. 22/12/2019.
6. Only one (1) paper from each author will be accepted if selected by the screening committee.
7. Person who is presenting the paper will be issued certificate for presentation. Otherwise certificate will be issued for participation only.
8. UGC Regulation, 2018 (Promotion of academic Integrity and Prevention of Plagiarism in Higher Education) will be strictly observed vide No. F.I-18/2010 (CPP-II)- New Delhi, the 23rd July, 2018

Dr. Shuba Bose Banerjee
(Organising Secretary)
Seminar Committee, G.P.E.C.W.
Chinsurah, Hooghly

Dr. Shyamal Mazumdar
Seminar Director & Principal
Govt. of Phy. Edu. College for Women
Chinsurah, Hooghly

(K) REGISTRATION FORM

Receipt No. (For office use)

Name (Block letter) Prof./Dr./Mr./Mrs./Km.

S/o, D/o

Designation:

Profession:

Age: Date of Birth: Sex :

Name of the Institution/ Organization

I am interested in Participation only Oral Presentation
(Please put tick mark in the box) Title of the Paper

Mobile no. Email Id

Mailing Address:

Whether abstract of the paper attached? YES/NO

Note : No lodging will be provided by the organizing committee. However on personal request accommodation may be arranged by the organising committee in nearby hotels on personal payment.

Signature of the Applicant